President’s Message

Aloha 4-H’ers! It is almost time for Thanksgiving! Let us not forget to give thanks with a grateful heart. Always remember that there is always something to be thankful for :) 

Congratulations to our winners and mahalo to those who participated in our 2015 Food Show! Everyone did an awesome job! We hope everyone had a grand time.

On behalf of the Oahu 4-H Executive board, thank you to the Farrington FCCLA/4-H club and Mrs. Linda Uyehara for chairing the 2015 Food Show and for everybody's continuous help and support. Mahalo nui loa!

Shaina Acosta

2015 Oahu County 4-H Food Show

Congratulations to the 4-H members who received these awards!

Top in Show:
Intermediate - Maleah Eusebio
Seniors - Stefani Sakamoto

Ardis Tanaka Scholarship:
Farm to Table - Patrica De Castro
Halloween - Jason Thomas

Top in Division:
Junior - Maddison Hatanaka
Intermediate - Cami Hashimoto
Senior - Abigail Soriano

President's Award:
Cloverbud - Pacey Hatanaka
Junior - Maddison Hatanaka
Intermediate - Maleah Eusebio
Senior - Stefani Sakamoto

Farrington FCCLA 4-H Club
October 7th was a big day for 4-H STEM as the eighth annual 4-H National Youth Science Day was in full effect.

We had 9 sites report having a 4-H NYSD event with approximately 350 youth participants. Catlin, Hickam, Fort Shafter, Helemano, Camp Zama, Camp Walker, Atsugi, Yongsan and Singapore School Age programs joined the commotion this year and held this experiment at their program sites.

Youth had two hands on activities that connected Newton’s Laws with distracted driving. Developed by Oregon State University Cooperative Extension, this exciting activity combined a speeding car collision and a distracted driving demonstration in a simulated activity that investigates the physical and human factors of motion.

The two-part experiment tested young people's knowledge of science, speed and safety by:

* Constructing a simulated runway to analyze the speed, momentum and kinetic energy of a car in motion, and explored the science behind the car’s collisions

* Leading an experiment that uses the same physics principles to demonstrate the consequences of distracted driving

If you participated in 2015 4-H National Youth Science Day please let us know! We want to hear your story. Email military4-h@ctahr.hawaii.edu to share your experiences.

Kate Eickstead

4-HOnline Enrollment (please note: this does not apply to our military 4-H clubs)

Please note that all 4-H club leaders and members who were enrolled last year need to re-enroll by November 16, 2015:

http://www.ctahr.hawaii.edu/4H/4honline.html

To re-enroll, follow these instructions to retrieve your temporary password to get into your account:

1. Go to http://hi.4honline.com
2. Enter the email you gave when you enrolled for the previous 4-H Year and select “I forgot my password.”
3. Select Family as your role
4. Click “Send My Password”

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<th>I Need to Setup a Profile</th>
<th>I Forgot My Password</th>
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Email: doelate.smith@sdsstate.edu
Role: Family

Send My Password

5. Once you log in, you will be prompted to create a new password. Enter a new password.
6. Click “Continue” to go to your Family Member List.

Please update your password

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There are instructions and a taped webinar on how to go through the re-enrollment process on our website. Those that have questions about the re-enrollment process through 4-HOnline can email HI4HOnline@gmail.com

As part of the enrollment process, each club needs to submit a program plan for the year (as stated in our Hawaii 4-H policies and procedures). The program plan can be found on our website at: http://www.ctahr.hawaii.edu/4H/forms/PreSurvey.pdf Completed plans should be submitted by November 16, 2015 as well. Kate Eickstead, our new program coordinator has recorded a webinar on 4-H program planning which can be found at http://www.ctahr.hawaii.edu/4H/programplanning.mp4 This is a useful tool which explains the importance of having a program plan as well as what information a program plan should include.

Claire Nakatsuka

4-H & Text, Talk, Act

Across the country, young people are having a nationwide conversation on mental health and how to help a friend in need. Through text messaging, small groups receive discussion questions to lead them through a conversation about mental health.

See more at: http://creatingcommunitysolutions.org/texttalkact

If your 4-H program is interested in participating please contact military4-h@ctahr.hawaii.edu

4-H Shooting Sports Opportunity

Interested in joining the 4-H Shooting Sports “Shotgun Shooting” group? There will be an informational meeting on Saturday, November 14, 10 am at the Urban Garden Center (955 Kamehameha Hwy) next to Home Depot. This opportunity is open to youth 10 years old and older. Contact Keith Allen for more information at 907-750-5466 or tracieandkeith@juno.com

4-H Dog Obedience Session 2

There will also be a second chance for youth to take part in 4-H Dog Obedience classes. A new session will run on Tuesdays, February 16 – April 19, 2016 at 7 pm. The sessions will be held at 4655 Catlin Drive. Each class will run for 45 minutes. A parent must accompany youth to all lessons. Dogs must be at least 9 months old (female dogs in heat are not allowed). Youth must complete a 4-H youth enrollment form (www.ctahr.hawaii.edu/4h/forms/formy-1.pdf) For more information and to register, please contact Keith Allen at (907) 750-5466 or email tracieandkeith@juno.com

Magazine Features One of our Own!

Hawaii Business Magazine did an article on one of our Oahu 4-H club leaders, Christine Hanakawa. The article shares that Christine is a co-leader for two clubs – Friendship Magic and the Green Whales. Read the article at: http://www.hawaiibusiness.com/good-neighbors-with-christine-hanakawa-empowering-youth-through-4-h/
Project Spotlight

STEAM Clothing 1: FUNdamentals

STEAM Clothing 1: FUNdamentals. Youth will gather the tools they'll need to begin sewing, understand textiles through fun science experiments, learn beginning math and engineering techniques in clothing construction, and take their skills a step further, investigating businesses, service learning projects, and modeling.

This curriculum is a combined leader/youth guide, with pages to print off for youth to complete as part of the activities. FUNdamentals also introduces youth to the idea of a portfolio to document their work and track their progress as sewers by creating samples.

Grades 3-5. 161 pages. Curriculum authored by The University of Nebraska–Lincoln.

This curriculum is available for pre-order from 4-H Mall. The materials are expected to ship in mid-November.

Other Opportunities

Walmart Community Grant Program
Deadline: Rolling through December 31

Grants of up to $2,500 will be awarded to local nonprofit organization serving residents within the service area of individual Walmart stores. Grants will be awarded in the areas of hunger relief and healthy eating, sustainability, women's economic empowerment, and/or career opportunities....»

Disney Friends for Change Action Kit

The Disney Friends for Change Action Kit features five sections - Sparking an Idea, Finding Friends for Change, Making It Happen, Getting the Word Out, and Planning for What Comes Next - to help you organize a service project and make a difference in your world!
American Youth Leadership Program with Ghana

Got the Travel Bug? Check out the American Youth Leadership Program to Ghana!

The American Youth Leadership Program (AYLP) provides an opportunity for youth and adult participants to travel to Ghana, learn about Ghanaian history, culture, traditions, and ways of life by staying with a host family during the four week program July 2016. American and Ghanaian host siblings will also study cultural issues in the U.S. and Ghana around nutrition and food security. Education topics on structures to provide healthy school lunches, marketing, and access to food.

Youth (15-17 years of age) and adult citizens are eligible to participate in AYLP with Ghana. The AYLP grant covers the following costs for participants: passport and visa fees, pre-trip orientation at UW in Laramie, roundtrip airfare to Ghana, meals, lodging, site visits, cultural activities and transportation in Ghana, accident and sickness protection. Check out AYLP- Ghana! Detailed information and applications are available on the University of Wyoming 4-H web site: www.wyoming4h.org. Applications are due December 1, 2015.

The American Youth Leadership Program is sponsored by the U.S. Department of State, Bureau of Cultural and Educational Affairs and administered by the University of Wyoming 4-H Youth Development Program. Contact Warren Crawford, crawford@uwyo.edu, for more information.

Hawaii Youth Services Directory

808youth.com is your online connection to a wide range of youth services in Hawai‘i, including After School Programs, Child Care and Preschool, Education and Job Training, Environmental & Land Stewardship, Mental Health Services, Mentoring, Sports and Recreation, Substance Abuse, Youth Leadership Development, and much more!

Sodexo Foundation's Stephen J. Brady Stop Hunger Scholarships

Deadline: December 5

The Stephen J. Brady Stop Hunger Scholarships program urges students to apply to #Get5Give5 and impact millions. Students from K-12 through graduate school are eligible to apply for a $5,000 scholarship with matching $5,000 grant for the charity of their choice based on their ongoing work to fight hunger by visiting SodexoFoundation.org....»

Katie's Krops Grants

Deadline: December 31
Katie's Krops is excited to offer grants to youth between the ages of 9 and 16 in the United States to start vegetable gardens with the harvest donated to feed people in need. The winners will be awarded a gift card to a garden center in their area (up to $500), support from Katie's Krops, and a digital camera to document the garden and the harvest.

Youth In Action Award

National 4-H Council is now accepting applications for the annual Youth in Action Awards to be presented at the seventh annual Legacy Awards in Washington, D.C. on April 12, 2016.

As one of the highest honors achieved, the 2016 awards have expanded to honor one remarkable 4-H’er within each pillar area: Agriculture and Animal Sciences; Citizenship; Healthy Living; and STEM.

As part of this great honor, each of the four Youth in Action Award pillar winners will receive:

- **Scholarship**: A $5,000 scholarship for higher education.
- **Public Recognition**: An all-expenses paid trip to Washington, D.C. to be recognized at Council's Legacy Awards on April 12, 2016.
- **Spokesperson Opportunities**: Serve as the National Youth Spokesperson for their recognized pillar area.
- **County Recognition**: An additional $5,000 grant will be made to each of the awardees’ 4-H County.

In addition, one overall national Youth in Action Award 2016 honoree will be selected from the four pillar winners and will receive an additional $5,000 scholarship.

**All applications must be submitted by 12:00 PM ET on Monday, November 30, 2015.**

For qualifications, application rules, and information on past honorees, please visit the Youth in Action Award website.

Get $5000. Give $5,000. Impact Millions (Apply by December 5, 2015)

Each year, Sodexo Foundation recognizes youth-led initiatives that work to improve the quality of life for children and families who are impacted by hunger in local communities. The Stephen J. Brady Stop Hunger Scholarships reward students from K-12 through graduate school who are working to end hunger in their communities. To support their innovative efforts, winners get a $5,000 scholarship for school and a $5,000 matching grant to give to the hunger-related charity of their choice. Apply today and you could #GET5GIVE5 in your hometown. To apply, for more information, and official rules, visit SodexoFoundation.org

Connect with 4-H Alumni

Are you a 4-H alum? Do you want to keep up with the latest 4-H news, stories and learn about other 4-H alumni who are making a difference? Show your 4-H pride and raise your hand as a member of the 4-H
alumni community! You will receive regular updates about events, information for 4-H alumni, and ways you can stay involved with 4-H. Sign up now!

Youth Forum for People and Wildlife

Applications are now open for the first-ever Youth Forum for People and Wildlife in Johannesburg, South Africa in September 2016. The International Fund for Animal Welfare (IFAW) will identify 20 young leaders in conservation and animal protection, aged 18 to 25, to debate issues, explore solutions, network with delegates from around the world, and build skills that will empower them to contribute to protecting wildlife and promote a better world for animals and people. Travel and participant costs will be fully funded.

The Youth Forum for People and Wildlife will be held immediately prior to the world’s biggest conservation gathering, the 17th meeting of the Convention on International Trade in Endangered Species (CITES). Delegates will represent not only the CITES host country of South Africa, but also other key source, transit and consumer nations in Africa, Asia, Europe and the Americas. An online Forum website will connect the global community with forum participants before, during and after the onsite event. To apply or learn more about the Youth Forum, go to www.ifaw.org/youthforum.

Key dates

The Youth Forum will take place in South Africa 17-25 September 2016, and will include an overnight field excursion and four days in Johannesburg.

The **application deadline is 4 December 2015**. Visit www.ifaw.org/youthforum to apply online, download the application and learn more.

Applicants will be chosen in January 2016 and announced publicly on World Wildlife Day, 3 March 2016.