



Values Checklist

What do you value? Check all that apply. You can also add your values that may not be listed.

_____ Achievement

_____ Beauty

_____ Belonging

_____ Challenge

_____ Education

_____ Family unity

_____ Freedom

_____ Friendship

_____ Good health

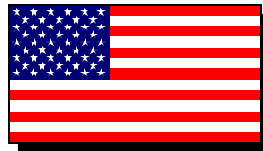
_____ Harmony

_____ Honesty

_____ Independence

_____ Love

_____ Loyalty



_____ Obedience

_____ Power

_____ Prestige

_____ Savings

_____ Security

_____ Taking Risks

_____ Thriftiness

_____ Time

_____ Trust



Now, ask yourself the following questions:

- ◆ What are 3-5 values you feel most strongly about?

- ◆ In what way does your values affect your decision-making?

- ◆ Often, people have different values. How do your values compare to other members of your household?