

DEPARTMENT OF HUMAN NUTRITION, FOOD, AND ANIMAL SCIENCES

Human Nutrition: Sports & Wellness Option Course Requirements

Name: _____

	<u>Sem</u>	<u>Year</u>	<u>Grade</u>	<u>Credits</u>	<u>Up Div</u>	<u>WI</u>
REQUIREMENTS						
1. UNIVERSITY CORE REQUIREMENTS						
1.1 Written Communication (FW-3 credits)						
___	ENG 100	_____	_____	_____	_____	_____
1.2 Symbolic Reasoning (FS-3 credits)						
___	MATH 140 or higher math course	_____	_____	_____	_____	_____
1.3 Global and Multicultural Perspectives (FG- 2 courses/6 credits)						
___	_____	_____	_____	_____	_____	_____
___	_____	_____	_____	_____	_____	_____
1.4 Arts and Humanities (DA, DH, DL; 2 courses/6 credits)						
___	SP 151(DA) or SP 251(DA) (same as 2)	_____	_____	_____	_____	_____
___	Humanities: _____	_____	_____	_____	_____	_____
___	Literature: _____	_____	_____	_____	_____	_____
1.5 Natural Sciences (DB, DP, DY; 7 credits 1 of each)						
___	FSHN 185(DB) (same as 3)	_____	_____	_____	_____	_____
___	CHEM 161(DP) (same as 4)	_____	_____	_____	_____	_____
___	CHEM 161L(DY) (same as 4)	_____	_____	_____	_____	_____
1.6 Social Sciences (DS - 6 credits/2 courses from different Depts.)						
___	Social Science _____	_____	_____	_____	_____	_____
___	Social Science _____	_____	_____	_____	_____	_____
1.7 Manoa Focus (H,E, & O - 1 course each, W- 5 courses)						
___	Hawaiian/Asian& Pacific Issues (H)	_____	_____	_____	_____	_____
Ethics (E), Oral Communication (O), and Writing Intensive (W) course requirements are met by courses in section 3 below						
2. CTAHR CORE REQUIREMENTS						
___	SP 151(DA) or SP 251(DA) (same as 1.4)	_____	_____	_____	_____	_____
___	NREM 310	_____	_____	_____	_____	_____
___	FSHN 492(W) (same as 1.7 and 3)	_____	_____	_____	_____	_____
3. FSHN CORE REQUIREMENTS						
___	FSHN 181	_____	_____	_____	_____	_____
___	FSHN 181L(DY) (same as 1.5)	_____	_____	_____	_____	_____
___	FSHN 185(DB) (same as 1.5)	_____	_____	_____	_____	_____
___	FSHN 350 (E), FAMR 380 / 380L (E), or BIOL 304	_____	_____	_____	_____	_____
___	ANSC / FSHN 244 (DB) (same as 1.5)*	_____	_____	_____	_____	_____
___	FSHN 370(DB) (same as 1.5)	_____	_____	_____	_____	_____
___	FSHN 389 (W) (same as 1.7)	_____	_____	_____	_____	_____
___	FSHN 451(W) (same as 1.7)	_____	_____	_____	_____	_____
___	FSHN 452(W) (same as 1.7)	_____	_____	_____	_____	_____
___	FSHN 467(DB) (same as 1.5)	_____	_____	_____	_____	_____
___	FSHN 468(W)(DB) (same as 1.5 and 1.7)	_____	_____	_____	_____	_____
___	FSHN 469(O)	_____	_____	_____	_____	_____
___	FSHN 485(DB) (same as 1.5)	_____	_____	_____	_____	_____
___	FSHN 486(DB) (same as 1.5)	_____	_____	_____	_____	_____
___	FSHN 492(W) (same as 1.7 and 2)	_____	_____	_____	_____	_____

*Students interested in food science may substitute FSHN 381 for 244

